

## SQUASH PRICE LIST

**PROMOTION!** From Monday to Friday, renting the court at 16.00 and 22.00 for 60PLN/hour or 15PLN/person surcharges for people with a Benefit/OKSystem/FitProfit card.

Using the SAUNA / GYM / CARDIO ROOM / immediately before or after the game for **FREE!**

DAY	HOURS	PRICE 1H	PASS 10 H*		PASS 20 H**		MULTISPORT/ FITPROFIT/OK SYSTEM	
			PASS	1 h PASS	PASS	1 h PASS	Surcharge for one person (1/2 court)	PASS 10 entries (1/2 court)

### BASIC PRICE LIST

MON. - FRI	07 <sup>00</sup> -10 <sup>00</sup>	50zł	450zł	45zł	800 zł	40 zł	10 zł	80 zł
	10 <sup>00</sup> -16 <sup>00</sup>	40zł	360zł	36zł	680 zł	34 zł	5 zł	-
	16 <sup>00</sup> -23 <sup>00</sup>	80zł	750zł	75zł	1440 zł	72 zł	25 zł	220 zł
	23 <sup>00</sup> -07 <sup>00</sup>	30zł	270zł	27zł	500 zł	25 zł	0 zł	-
SAT. - SUN FREE equipment! ****	07 <sup>00</sup> -11 <sup>00</sup>	35 zł	300 zł	30 zł	-	-	2,5 zł	-
	11 <sup>00</sup> -22 <sup>00</sup>	60 zł	550 zł	55 zł	1000 zł	50 zł	15 zł	120 zł
	22 <sup>00</sup> -07 <sup>00</sup>	30 zł	280 zł	28 zł	-	-	0 zł	-

### STUDENT PRICES EQUIPMENT RENT 50% OFF\*\*\*\*

MON. - FRI	07 <sup>00</sup> -10 <sup>00</sup>	45zł	400zł	40zł	700 zł	35 zł	7,5 zł	65 zł
	10 <sup>00</sup> -16 <sup>00</sup>	35zł	320zł	32zł	600 zł	30 zł	2,5 zł	-
	16 <sup>00</sup> -23 <sup>00</sup>	75zł	700zł	70zł	1340 zł	67 zł	22,5 zł	200 zł
	23 <sup>00</sup> -07 <sup>00</sup>	30zł	270zł	27zł	500 zł	25 zł	0 zł	-
SAT. - SUN FREE equipment! ****	07 <sup>00</sup> -11 <sup>00</sup>	30zł	-	-	-	-	0 zł	-
	11 <sup>00</sup> -22 <sup>00</sup>	50zł	450 zł	45 zł	800zł	40 zł	10 zł	80 zł
	22 <sup>00</sup> -07 <sup>00</sup>	30zł	280 zł	28 zł	-	-	0 zł	-

### **SPECIAL OFFER:**

**PASS 10H OPEN: 720 PLN**

**PASS 20H OPEN: 1400 PLN**

\***Pass 10h** (standard/student/multisport/fitprofit/oksystem) valid for 4 months from the date of purchase (the racket and the ball are included in the ticket for the duration of the game)

\*\***Pass 20h** (standard/student/multisport/fitprofit/oksystem) valid for 6 months from the date of purchase (2 rackets and a ball for free during the game)

\*\*\***Student price** - equipment rental for the duration of the game 50% cheaper (racket from the rental shop/tester and ball) for persons up to 26 years of age, upon presentation of a valid student / student ID

\*\*\*\* **Equipment for FREE on weekends** - renting a maximum of 2 rackets from the rental + balls.

\*\*\*\*\* **A free court cancellation** can be made up to 24 hours before the game. After this time is exceeded, the full fee for renting the court must be paid

## **EQUIPMENT RENTAL AND RACQUETET SERVICE**

<b>TEST ROCKET</b>	<b>20 PLN</b>
<b>RECREATIONAL ROCKET</b>	<b>10 PLN</b>
<b>TOWEL</b>	<b>5 PLN</b>
<b>GOGGLES</b>	<b>5 PLN</b>
<b>BALL</b>	<b>2 PLN</b>
<b>REPLACEMENT OF STRINGS</b>	<b>FROM 30 PLN</b>
<b>REPLACEMENT OF THE GRIPS</b>	<b>3 PLN</b>

Equipment for the game at weekends FREE OF CHARGE - max 2 rackets from the rental shop and a ball (Saturday and Sunday)  
Promotions / additional questions / discounts for regular customers - 570682128, [jola@atlanticklub.pl](mailto:jola@atlanticklub.pl)

## **SQUASH CLASSES WITH AN INSTRUCTOR**

### **INDIVIDUAL TRAINING WITH AN INSTRUCTOR**

For everyone! From beginner to advanced. Dates to be agreed with the instructors.

Cost: from 60 PLN. The instructor's cost does not include the full cost of the court in a given time period.

#### **FIRST TRAINING**

Beginner players, people who have not played squash before.

Mondays, Wednesdays and Fridays 17:00. The price includes renting a coach, court and equipment for the time of the game.

The cost of classes is 35PLN/person/hour, with the Benefit Multisport/FitProfit/OKSystem card only 20PLN!

#### **SECOND TRAINING**

Beginner players, people who know the rules of squash and want to improve their technique.

Mondays at 19:00, Wednesdays and Fridays 18:00. The price includes renting a coach, court and equipment for the time of the game.

The cost of classes is 35PLN/person/hour, with the Benefit Multisport/FitProfit/OKSystem card only 20PLN!

#### **JUNIOR SQUASH**

Activities for children. Beginner level. Thursdays at 16:00.

The cost of the classes is 139PLN/person (pass 4 entries / person).

#### **STUDENT SQUASH**

Classes for students.

Wednesdays at 16:00. The price includes renting a coach, court and equipment for the time of the game.

The cost of classes is 20PLN/person/hour, with the Benefit Multisport/FitProfit/OKSystem card only 5PLN!

#### **LADY SQUASH**

Level I - for women who have not played squash before. On Thursdays at 18:00.

Level II - for ladies who know the basics of the game. Saturdays at 10:00.

The price includes renting a coach, court and equipment for the time of the game.

The cost of classes is 35PLN/person/hour, with the Benefit Multisport/FitProfit/OKSystem card only 20PLN!

#### **PLAY FOR FUN**

2h classes for beginners. The first hour is to learn the technique with a trainer, the second is to use the learned skills in the game.

Saturdays from 11:00 to 13:00. The price includes renting a coach, court and equipment for the time of the game.

The cost of classes is 30PLN/person/2hours, with the Benefit Multisport/FitProfit/OKSystem card only 15PLN!

#### **TRAINING PRO**

Intermediate and advanced players. Thursdays at 19:00.

Trainings and registration are conducted by Sławek Połec - tel. 668-242-276, e-mail: [slawekpolec76@gmail.com](mailto:slawekpolec76@gmail.com)

#### **SEBACADEMS**

Various levels of advancement. Tuesdays 7:00 am and 8:00 am, Wednesdays 19:00.

Training and registration are conducted by Sebastian Chojnacki - tel. 695-040-397, e-mail: [sebastian@atlanticsports.pl](mailto:sebastian@atlanticsports.pl)

Our trainers are certified by the European Squash Federation - level 1 and 2.

Detailed information about our offers at: [www.atlanticsports.pl/oferta](http://www.atlanticsports.pl/oferta), at the club reception and at the squash manager - Jolanta Kosek, 570-682-128 or [jola@atlanticsports.pl](mailto:jola@atlanticsports.pl).

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